

What does the Bible say about soul ties?

[What does the Bible say about soul ties? | GotQuestions.org](https://www.gotquestions.org/What-does-the-Bible-say-about-soul-ties/)

The phrase “soul ties” is not in the Bible; rather, the idea of soul ties is a man-made speculation which some teachers superimpose onto Scripture in an attempt to explain certain human behaviors. Soul ties are said to be connections from one person’s soul to (or into) another person’s soul, a concept that has no basis in Scripture.

The Bible does speak of close friendships, such as that of David and Jonathan. “The soul of Jonathan was knit with the soul of David, and Jonathan loved him as his own soul” (1 Samuel 18:1 KJV). This is simply a way of expressing Jonathan’s total commitment to, and deep friendship with, David. To try to make this passage teach a mystical binding of the actual soul is unwarranted.

The Bible also warns against entering ungodly relationships. “My son, if sinners entice you, do not give in to them. . . . do not go along with them, do not set foot on their paths” (Proverbs 1:10, 15). This passage and others like it caution us against the wrong types of friends but stop short of describing any type of spiritual union of souls.

We also have clear warning against fornication in Scripture. “Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, ‘The two will become one flesh’” (1 Corinthians 6:16). Note that the body is joined; the Bible says nothing of the souls being joined.

The Bible presents evil as addictive; however, nowhere does the Bible speak of “fragmented” souls or “dividing” one’s soul. In short, the Bible gives us clear direction for our lives, and we know the remedy for sin is to confess it and forsake it (1 John 1:9; John 8:11). There is no need for overly complex human theories such as “soul ties.”

What does the Bible say about breaking generational curses?

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The Bible mentions “generational curses” in several places (Exodus 20:5; 34:7; Numbers 14:18; Deuteronomy 5:9). God warns that He is “a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me.”

It sounds unfair for God to punish children for the sins of their fathers. However, there is more to it than that. The effects of sin are naturally passed down from one generation to the next. When a father has a sinful lifestyle, his children are likely to practice the same sinful lifestyle. Implied in the warning of Exodus 20:5 is the fact that the children will choose to repeat the sins of their fathers. A Jewish Targum specifies that this passage refers to “ungodly fathers” and “rebellious children.” So, it is not unjust for God to punish sin to the third or fourth generation – those generations are committing the same sins their ancestors did.

There is a trend in the church today to try to blame every sin and problem on some sort of generational curse. This is not biblical. God’s warning to visit iniquity on future generations is part of the Old Testament Law. A generational curse was a consequence for a specific nation (Israel) for a specific sin (idolatry). The history books of the Old Testament (especially Judges) contain the record of this divine punishment meted out.

The cure for a generational curse has always been repentance. When Israel turned from idols to serve the living God, the “curse” was broken and God saved them (Judges 3:9, 15; 1 Samuel 12:10-11). Yes, God promised to visit Israel’s sin upon the third and fourth generations, but in the very next verse He promised that He would show “love to a thousand [generations] of those who love me and keep my commandments” (Exodus 20:6). In other words, God’s grace lasts a thousand times longer than His wrath.

For someone worried about a generational curse, the answer is salvation through Jesus Christ. A Christian is a new creation (2 Corinthians 5:17). How can a child of God still be under God’s curse (Romans 8:1)? The cure for a “generational curse” is repentance of the sin in question, faith in Christ, and a life consecrated to the Lord (Romans 12:1-2).

What is a soul link?

[What is a soul link? Can a soul be linked to another soul? | GotQuestions.org](#)

The idea of a soul link is a New Age belief that finds its roots in Hindu mysticism and Greek mythology. A soul link is often called a soul mate, soul twin, or twin flame.

A soul link is supposedly felt by two people who are spiritually connected. Being “linked” indicates that their souls originated from the same spiritual source before assuming physical form.

Belief in soul links is tied to reincarnation, as many people believe that the two halves of a soul link will find each other over and over again as they are reincarnated.

Some people point to 1 Samuel 18:1 as mentioning a soul link: “The soul of Jonathan was knit with the soul of David” (KJV). However, this verse is simply saying, in an idiomatic way, that Jonathan and David were “bound together in close friendship” (NET). They were committed to each other, but there was no mystical union of souls.

The concept of a soul link or soul mate comes from Plato. In his work *The Symposium*, Plato tells a comedic story about the first human beings who had two faces and four arms and legs. Those humans threatened to overthrow the gods, so in response the gods split the humans in two.

This would assure twice the amount in tribute the gods would receive from humans, plus it would humble humanity. After the split, though, the humans were so unhappy that they ceased to eat, so the gods sewed up their bodies and healed them.

Ever since then, according to the myth, human beings have sought their other half taken from them by the gods, and, when they find that other half, they feel complete. Much romantic literature and art is based on this concept.

Humans often do feel incomplete. Loneliness and the sense that something is lacking is a universal feeling. It is possible to live in the world’s largest cities, surrounded by other people, yet be overwhelmed with loneliness. This feeling of incompleteness is not solved or overcome with romantic love, as anyone who has been in love can attest.

The only truly satisfying “soul link” is the one we can enjoy with our Creator. God has fashioned man to desire a relationship with Him, and when we are “linked” to Him in our souls, we feel satisfied (Psalm 1; John 3:29; 7:38; 16:22). Sadly, sin drives us constantly to find that satisfaction elsewhere (Jeremiah 2:13).

Anything from a pagan idol to a glass of wine can become our substitute for God. Lovers, drugs, work, television, sports, and even our own families can become idols when we try to find wholeness in them or when we use them as distractions from the emptiness we feel without God.

The Bible tells us to abide in Christ, or we can do nothing (John 15:4), and this is amazingly true, both on a deep, spiritual level and on a practical, everyday level. Personal dysfunctionality is inextricably linked to our distance from God.

When we seek a soul link between ourselves and our Creator, all other things we need—including joy, pleasure, satisfaction, security, and wholeness—will be added to us (see Matthew 6:33; Psalm 16).