

The Father's Heart and other "inner healing" movements.

While many people enter those ministries with genuine intentions to heal from past trauma or "father wounds," the underlying teaching frequently suffers from a major structural flaw: it attempts to bypass Jesus to achieve intimacy with the Father. It falls short because it creates a theological imbalance by detaching the love of God from the active, central Lordship of Jesus Christ.

The Theological "Bypass"

In many Father's Heart teachings, the foundation is built upon an emotional feelings-based encountering the Father's love to heal past trauma. While knowing the Father's love is beautiful, these movements often treat **Jesus as merely a doorway, rather than the destination**. Once you are "in," Jesus is subtly sidelined, and the focus shifts entirely to a direct, emotional connection with the Father. We must *maintain the foundation* is strictly Jesus Christ and His Word. Father's Heart's Jesus is often reduced to a middleman. He is the door you walk through, but once you are inside, the ongoing daily fellowship is focused past Him, directly onto the Father.

1 Corinthians 3:11 *"For no one can lay any foundation other than the one already laid, which is Jesus Christ."* - Any ministry that treats Jesus as a doorway to get to a "deeper" experience is building on a foundation of sand, not the Rock.

What the Bible Actually Says

1 John 1:3: *"And truly our fellowship is with the Father, **and** with his Son Jesus Christ."*

You do not graduate from Jesus to get to the Father. Daily Christian life is defined by the sufficiency of Christ's life operating in you. Scripture is crystal clear that we cannot separate, graduate from, or bypass Jesus to get to God.

- **John 14:6** Jesus said, *"I am the way, the truth, and the life: no man comes unto the Father, but by me."*
- **Colossians 2:9** *"For in Him [Jesus] dwelleth all the fulness of the Godhead bodily."*
- You don't look past Jesus to see God; looking at Jesus is how we know exactly who the Father is.
- **1 John 2:23** *"Whosoever denies the Son, the same has not the Father: but he that acknowledges the Son has the Father also."*

How we know the Father: Look to Jesus and the Cross

John 14:8-9 Philip said to Him, "Lord, show us the Father, and it is sufficient for us", Jesus said to him, *"Have I been with you so long, and yet you have not known Me, Philip? He who has seen Me has seen the Father;*

We know the Father by looking at Jesus. Inner healing movements tend to search for the Father through inward visualization, emotional healing prayers, and looking into one's own "inner child" or past wounds.

Because these ministries heavily emphasize *feeling* the Father's embrace or *visualizing* His love to heal deep emotional wounds, the focus can easily shift from Christ's finished work on the cross to a more subjective personal experience.

Trust Your Discernment

We are in a battle for our minds, and the enemy loves to use things that *look* comforting, sound deep, and feel peaceful on the surface to subtly shift our focus *away* from Christ.

Point back directly to Jesus, the Good Shepherd, who laid down His life for the sheep and binds up the bruised reed like in Isaiah 42:3 and Matthew 12:18-21.

Isaiah 42:3 *"A bruised reed He will not break, and a smoldering wick He will not quench; in faithfulness He will bring forth justice."*

Jesus is the Father's Heart.

Jesus is the Exact Representation of the Father

Hebrews 1:3 "Who being the brightness of His glory, and **the express image of His person**, and upholding all things by the word of His power, when He had by Himself purged our sins, sat down on the right hand of the Majesty on high;"

- The phrase "*express image*" means the exact imprint or representation. You cannot see or know the Father apart from looking directly at Jesus.

"I and My Father Are One"

This is found in John 10, right in the exact chapter as the Good Shepherd passage! The Jews absolutely knew He was claiming to be God Himself, that's why they wanted to stone Him.

John 10:30-33 "*I and my Father are one.*" Then the Jews took up stones again to stone Him. Jesus answered them, "*Many good works have I showed you from My Father; for which of those works do ye stone me?*" The Jews answered Him, saying, "For a good work we stone you not; but for blasphemy; and because that you, being a man, **make yourself God**".

"He That Has Seen Me Has Seen the Father"

To tie it all together, this is the other passage from John where Jesus gently corrects Philip for trying to bypass Him to see the Father.

John 14:8-9 Philip saith unto him, "*Lord, show us the Father, and it suffices us.*" Jesus said unto him, "Have I been so long time with you, and yet have you not known me, Philip? He that hath seen Me has seen the Father; and how say you then, "Shew us the Father?"

These scriptures give an absolute ironclad defense proving that we never have to look *past* Jesus to find the Father's heart - because **Jesus is the Father's heart in human form**.